Back to Basics
Creating a Safe Sleep Space for Your Baby

Tips:
1. Back to Sleep: Always place the baby to sleep on his/her back to reduce the risk of sudden unexpected infant death syndrome (SUID/SIDS) and suffocation.

2. Bare is Best: Always keep the baby's sleep space bare (fitted sheet only) to prevent suffocation. Do not use pillows, padded crib bumpers, quilts, or comforters.

3. Only place the baby to sleep in a product that is intended for sleep: crib, bassinet, bedside sleeper, or play yard.